IMPORTANT INFORMATION FOR COLLEGE TENNIS EXPOSURE CAMP AT OLD DOMINION UNIVERSITY – JUNE 30-JULY 1, 2018

- 1. Camp check-in will be held Saturday, June 30, from 7:30-8:00 a.m. at the Folkes-Stevens Tennis Complex located at 4501 Parker Ave, Norfolk, VA 23529. The camp will start promptly at 8:15 a.m.
- Hotel Accommodations -- A local hotel will accommodate students staying with parents. For hotel accommodations, call: SpringHill Suites by Marriott Norfolk Old Dominion University, 4500 Hampton Blvd, Norfolk, VA 23508; Telephone: (757) 423-4100. Reserve before June 10, 2018 for \$134 (plus tax) "CTA" group rate. This hotel is located less than 1 mile from the Folkes-Stevens Tennis Complex. Breakfast is included. There is a hotel parking fee of \$8 plus tax per day which is not included in the group rate.

Click on the link below to make your hotel reservation online: Book your Group Rate for College Tennis Exposure Camp Old Dominion University

- 3. Lunch will be provided for all campers. Parents are encouraged to dine at one of the numerous local restaurants.
- 4. Medical Form A camp medical form must be completed and returned to us prior to participating. Adequate health insurance is essential for all students. In the event of a medical emergency, all medical costs must be paid for by the student, parent or guardian.
- 5. Cancellation and Inclement Weather Policy -- A refund (less a \$75 processing fee) will be provided to anyone who cancels more than 30 days prior to the start of camp. If you cancel, for any reason, within 30 days of the start of the camp, you will receive a full credit toward a College Tennis Exposure Camp (valid through December 2019). There will be no credit or refund for any student who must leave the camp for illness, injury or any other reason, once the camp has started. In the event of rain at any point during the weekend, we will make every attempt at completing the full 9-hours of on-court drills and matchplay. Since our entire coaching staff will be working rain or shine, there will be no refund or credit in the event of inclement weather.
- 6. Miscellaneous Expenses -- Campers may incur incidental expenses, such as racquet stringing.
- 7. Required Packing List
 - a. Racquets at least two (2), pre-strung
 - b. Water jug 1/2-gallon or larger
 - c. Notebook and pen
 - d. Sunscreen (SPF 30 or higher), hat or visor

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8. Driving Directions to the Folkes-Stevens Tennis Complex, 4501 Parker Ave, Norfolk, VA 23529

From the North

Take I-95 south toward Richmond

Take the left exit 84A onto I-295 S, following signs for "Norfolk/Virginia Beach" Remain on 295 for approximately 14 miles, then exit at 28A (I-64 E) Stay on I-64 E for approximately 75 miles until you reach exit 276, VA-406/NAVAL BASE/TERMINAL BLVD

Once on the exit ramp, stay right onto I-564 as it splits. Once on I-564, stay right again, following the first exit for Terminal Blvd.

Continue straight through two traffic lights, and at the third light, turn left onto Hampton Blvd.

Follow Hampton Blvd.(approximately 3 miles) and turn right onto W. 43rd Street. Pass the baseball facility and turn right onto Parker Ave.

From the South

Take I-85 north or I-95 north to Route 58 east.
Follow 58 east to I-264 east toward Portsmouth/Norfolk.
Go through Downtown Tunnel and follow signs to St. Paul's Blvd.
Make a right onto St. Paul's Blvd.
At the third light, make a left onto Brambleton Ave.
Follow Brambleton Ave. until you see signs for Hampton Blvd./ODU.
Bear right onto Hampton Blvd.
Follow Hampton Blvd.(approximately 3 miles) and turn left onto W 43rd Street.
Pass the baseball facility and turn right onto Parker Ave.